

Ratatouille and Rice

Olive Oil

Red onion

Garlic

Sugar

Red pepper

Green pepper

Courgette

Aubergine

Chopped tomatoes

Red wine vinegar

Rice

Heat the oil in a large saucepan and cook the onion and garlic

Add the peppers and courgette, then add the aubergine and cook for a few mins

Stir in the chopped tomato a little sugar and red wine vinegar bring to the simmer and cook for a further 10 mins

Cook the rice and serve with the veg